

# MIND MAGIC

*Doorways into Higher Consciousness*

by

BILL HARVEY

Chapter 2

THE HUMAN EFFECTIVENESS INSTITUTE  
GARDINER, NY

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2.

DE-ROBOTIZING  
YOUR FREE WILL:

*“Losing Oneself and  
Becoming a Rolebot”  
And How to Undo This*

## *People Run on Programs*

Programs are action patterns.

The way you get out of bed in the morning  
is an action pattern.

Observe how you do it  
for a few days in a row  
and you'll see that pattern.

The way you throw off the covers,  
swing your feet to the floor,  
the way your body feels,  
the things you think about,  
your mood, people you think about,  
emotions that strike you,  
your attitude as you stand up — etcetera.

All of this is an action pattern.  
Everything is not exactly identical from day to day  
but everything is in a relatively narrow range  
of variation.

This is because there are now sets  
of interlacing programs  
in your biocomputer upstairs.  
They bring you through this action pattern daily  
without your having to consciously think  
about each move.

These automatic programs run 99% of your life.

*Of Course, We all Override  
The Automatic Pilot at Times*

Such as when some potential danger  
snaps us to full alertness,  
and we don't make a move  
without thinking about it first.

Such as when we are able to rise above  
“automatic-pilot” anger.

Such as at moments of “peak realization”  
or “expanded consciousness” or “satori”.

But most of the rest of the time,  
although we repress knowledge of the fact religiously,  
we have no free will in what we do,

because the body's and mind's movements  
are along conditioned paths  
from which deviation is improbable.

*We always react to the same types of situations  
in the same ways.*

*The programs are going through their steps  
while we sleepily look on, along for the ride.*

*We Consciously Participated  
In Creating these Programs*

Some of the “automatic-pilot”  
program-punchcards in our head  
were keypunched by our “conscious-mind-pilot”.

Such as when you discovered how well you looked  
smiling that way  
and decided offhandedly to keep doing it *that* way  
(at least at *those* times).  
Then your “conscious-mind-pilot” forgot about it.

Your “automatic-pilot” does it faithfully to this day,  
whenever *those* times come up.

*Good* “automatic-pilot”!

On the other hand,  
the great preponderance  
of our “automatic-pilot” programming  
appears to be of the Pavlovian variety,  
whereby we were addicted as we grew up  
to certain types of shallow rewards,  
without this being *anyone’s* conscious intention.

## *Edit Your Head Tapes*

You have been programmed.

Every experience you have ever had,  
every communication you have ever received  
has implanted in you  
the predisposition to act in certain ways  
and to think in certain ways.

There currently are a large number of programs  
operating in your head,  
most of which you are no longer aware of  
or were never aware of.

These programs interact  
to determine precisely how you will behave  
in a specific set of circumstances.

To the extent that you allow this to continue,  
your behavior will be predictable  
based on knowledge of your programming;  
thus you will be a mechanical slave,  
your life the mathematical resultant  
of all your programming inputs.

It is, however, possible  
to gradually become aware  
of all of your programming;

to select which programming to keep,  
which to modify,  
and which to remove;

and to act with conscious awareness  
of one's relevant programming  
so as to be able to either ratify  
or override it  
in any given set of circumstances.

When these things are done,  
one is no longer a mechanical slave  
to one's programming  
and can choose  
when to use  
each of his/her specific programs.

The first step  
is to become aware  
of one's own programming:

this requires close observation.

You must observe yourself  
as if you are observing another entity  
you have never known before,

Every word,

every tone of voice,

every minute gesture,

every action,

every thought

must be scrutinized from the standpoint of:

Why was that done?  
What are the roots of such behavior?  
What is the motivation?

**When might it have been implanted  
and by whom or what?**

You will find that the great bulk of your actions  
serve petty ends  
of which you cannot consciously approve;

for example, you will find that most of your words,  
gestures and postures  
can only be explained as role-playing mimicry  
designed to allow you to feel  
**approved-of.**

You will find  
that even when you can do without outside approval,  
you are still seeking inside approval  
from other entities  
whose viewpoints you have stored inside your head.

When you have stripped away all of such programming  
you will no longer  
be addicted to the support of others:

you will be taking what you consider  
to be the best action  
you know how to take at any given moment,  
assessing the results of such action,  
and revising future plans accordingly;

you will see **status** in society  
as a form of scrip\*  
slaves are permitted to give themselves  
in return for obedience.

**Strive to observe yourself more and more closely.**

For each manifestation, ask yourself why you did it,  
and trace the causes back as far as you can.

Decide whether or not  
you want to give rise to such a manifestation again,  
in light of your goals.

If you do not want to, resolve not to.

However, make a prediction  
in light of your past experience  
with controlling yourself,  
as to how successful you are likely to be  
in suppressing such manifestations.

Thus, set a realistic goal  
for reducing unwanted manifestations gradually,  
rather than resolving to do the impossible all at once,  
which would merely result  
in discouragement and weakened self-belief.

\*Scrip = ersatz money as given to Black American slaves by the  
“company” for use in the “company store.”

If you always resolve to do something  
you think you can do  
although it is a little better  
than you have done in the past,  
you will gradually build self-belief,  
permitting you to confidently  
raise your sights a little more each time.

The effect of this process  
is to telescope the delay between action  
and thought,  
so that at first you will find yourself realizing  
soon after an inappropriate action,  
that the action was inappropriate,  
and why it was inappropriate;

then you will realize these things instantly after action;

then you will catch yourself in mid-action;

and then you will catch yourself before action.

(Actually, these four types of experiences  
will always continue to occur,  
but the latter types will become more frequent  
and the former types will become less frequent.)

Some of the programs you will decide to remove  
are programs which you once consciously established  
and which were useful to you at the time;  
but which have long since become counterproductive  
based on changing circumstances  
and your own increased capabilities.

It is an inherent characteristic  
of any developing system  
that heroes emerge  
and are heroes — only in the context  
which stimulated their creation;

as these heroes overcome and change such contexts,  
the heroes themselves become the context to be changed.

Thus both coping systems and governments  
begin as useful  
and gradually become counterproductive;  
this is the nature of the evolutionary process itself.

However, any system tends to be self-perpetuating:  
programs may be visualized  
as power centers in your head,  
trying to survive despite their vestigiality.  
Thus, they will get some senators\*  
to speak in their favor;  
and in honoring them for their past service,  
you will hesitate to remove them.

\*Senators = minipersonalities that have been implanted in you by the internalized influence of others . . . at least two from Mom (her Mom and Dad); at least two from Dad (his Mom and Dad); etc. Each Senator is a “parasite circuit” capable of “taking over your mind” by making you think *its* suggestions are *yours*.

## *Guiltless Housecleaning*

To compensate for these tendencies,  
constantly review your own favorite programs  
for possible vestigiality.  
But in light of their past service,  
do not blame any program for being counterproductive  
as you remove it.

Housecleaning should be guiltless.

You will remove a program  
as it no longer fits your developing gestalt;

up until that point,  
the program fit  
and you and the program  
were not to be blamed for your union.

Avoid the temptation to be harsh  
with the programs you remove;  
look upon them not as enemies but as  
“mischief programs”;  
they were necessary stepping-stones  
to get to where you are now;

love them for this  
while defusing their power over you for upcoming phases.

*As you remove your extraneous programming  
you will be simplifying the number of variables  
impinging upon any set of circumstances;*

*thus you will solve the circumstances for best action  
more quickly and accurately.*

*In attempting to identify  
your own unconscious programming,*

*be prepared for the pervasive to be invisible:*

*that which you do most continuously  
will be hardest for you to detect and analyze.*